

Headquarters U.S. Air Force

Integrity - Service - Excellence

AF Suicide Prevention Strategic Goals



AF/A1Z
16 Aug 2019

U.S. AIR FORCE



Suicide Prevention Strategic Goals

U.S. AIR FORCE

Strategy: Leadership-driven, comprehensive public-health approach with goal of never losing another Airman or family member to suicide

- **Goal #1:**
 - **Connect individuals, units & AF family members**
- **Goal #2:**
 - **Protect AF members' environments**
- **Goal #3:**
 - **Detect risk in individuals & units**
- **Goal #4:**
 - **Equip Total Force & family members to mitigate risk, increase resilience**



Suicide Prevention Initiatives

U.S. AIR FORCE

INITIATIVE	TIMELINE	OPR	STATUS
<i>Connect Individuals, Units, and AF Family Members</i>			
Resilience Tactical Pause	Immediate ETA: 1 Aug 19-15 Sep 19	AIZ, CAT team, RTP OPT	<ul style="list-style-type: none"> EXORD launched 1 Aug 19 Intent is to provide unit leaders the opportunity to engage their Airmen while actively seeking feedback on both resiliency and the barriers Airmen encounter to getting help
Wingman Connect Pilot	Mid-Range ETA: Spring 2020	A1Z	<ul style="list-style-type: none"> Promising early results Next phase is to explore scale-up
Increase access to resources/services for ALL	Mid-Range ETA: Spring 2020	A1Z	<ul style="list-style-type: none"> Ratio of troops to services (Total Force – Reserve, Guard, civilian, AD) Examine/establish Comm plan Task Force True North
True North Scale-up	Long-Range ETA: 2020-2022	A1Z OCR: 711 th , SG	<ul style="list-style-type: none"> Beta Test on-track Future expansion planning in progress
<i>Protect AF Environments</i>			
Time-Based Prevention	Immediate ETA: Sept 2019	SE/SF/A1Z	<ul style="list-style-type: none"> 3 lines of efforts: education/culture; policy; physical solutions Incorporated into policy Developing materials, CC talking points, pursuing gun locks
Airmen Under Investigation	Mid-Range ETA: Spring 2020	SG	<ul style="list-style-type: none"> Policies to safeguard Amn Under Investigation Policy letter routing through A1Z
Zero Suicide Scale-up	Mid-Range ETA: Spring 2020	SG	<ul style="list-style-type: none"> Pilot continues at 5 ACC bases; SG community exploring scale-up
Evolve law/policy to optimize MH-CC decision-making for Total Force & decrease barriers to help-seeking	Long-Range ETA: 2020-2022	A1Z/SG	<ul style="list-style-type: none"> Coordinating efforts with DoD Psychological Health Center of Excellence (PHCOE) & RAND stigma study Evolve law/policy to provide leaders time to make decisions—provide equal support for ALL no matter status Enduring process to review policies with stakeholders

Integrity - Service - Excellence



Suicide Prevention Initiatives

U.S. AIR FORCE

INITIATIVE	TIMELINE	OPR	STATUS
<i>Detect Risk in Individuals and Units</i>			
Resilience Tactical Pause	Immediate ETA: 1 Aug 19-15 Sep 19	AIZ, CAT team, RTP OPT	<ul style="list-style-type: none"> EXORD launched 1 Aug 19 Intent is to provide unit leaders the opportunity to engage their Airmen while actively seeking feedback on both resiliency and the barriers Airmen encounter to getting help
Standardize Suicide Analysis Boards	Immediate ETA: Complete	A1Z/MAJCOMs	<ul style="list-style-type: none"> Leverage ROI, SIB & MII processes to provide consistent service-wide data points & trend analysis Establish enduring process to review policies with stakeholders MAJCOM annual requirement in AFI 90-5001, published 25 Jan 19 SAB SOP under revision
Big Data: Risk/ Protective Factors	Mid-Range ETA: Spring 2020	A1Z	<ul style="list-style-type: none"> 711th predicts unit risk (Task Force True North) Long-standing NIMH grant w/ U of Rochester conducts big data for AF to predict protective factors
<i>Equip and Develop Total Force & Family Members to Mitigate Risk/Increase Resilience</i>			
Equipping & Empowering Family Members	Immediate ETA: Feb 2020	A1Z/A1S/HC	<ul style="list-style-type: none"> CONOPs in developed based on spousal inputs/WG members Spouse-focused PSA's/Posters/Educational materials in development
Leadership Tool Repository (resilience website)	Immediate ETA: Initial phase complete; on-going expansion	A1Z	<ul style="list-style-type: none"> Create menu with current prevention, intervention and postvention SOPs/products/tools/resources for Total Force & family members (1-stop shopping)
Equip/develop Leaders with Airmen optimization & prioritization skills	Mid-Range ETA: Initial phase implemented; on-going expansion	A1Z	<ul style="list-style-type: none"> Integrate into existing touch points AU curriculum review; Curriculum development (appropriate for different levels/roles) Include Time-Based Prevention, Equipping Spouses, Airmen Under Investigation curricula

Integrity - Service - Excellence